

**UNIVERSITY OF KERALA
NATIONAL SERVICE SCHEME**

Units 28 A, B

SREE NARAYANA COLLEGE, PUNALUR



ANNUAL REPORT 2020-2021

PROGRAMME OFFICERS

SIML.B.S

Dr.DIVYA JAYAN

PRINCIPAL

Dr.T.PRADEEP

NATIONAL SERVICE SCHEME
UNIVERSITY OF KERALA

(01/06/2020- 07/06/2020)PARITHRANAM (7 DAY SAPLING DRIVE)

World Environment Day was observed on June 5. The NSS unit of Sree Narayana College, Punalur observed the **Environmental Day** from the first week of June. The theme for World Environment Day 2020 is **Biodiversity**, which is a call to stop the degradation of the natural world. The programme was inaugurated by the principal, Dr. T. Pradeep. Since it was during lock down, all students engaged planting trees in their own homes. The great benefit of this programme is that not only our volunteers, but also all the family members actively participated in **PARITHRANAM**. Through the programme, the importance of agriculture as well as the need for planting new trees was made aware among the students. All of them participated with great enthusiasm.





(21/06/2020):- Yoga Day Celebration

On behalf of the Yoga Day celebration, the NSS unit of the College, conducted an Intercollegiate Online Quiz Competition. The programme was officially inaugurated by Principal Dr. T Pradeep. Programme officers discussed about the details of the programme. Students from various colleges, participated in the programme.

Objectives:

- To give an awareness among students the importance of yoga
- To build a healthy youth

Beneficiary: Provide an opportunity to NSS volunteers to study the basics of yoga

GREETINGS FROM NATIONAL SERVICE SCHEME OF S N COLLEGE ,PUNALUR,KOLLAM

National Service Scheme Units of SN College is happy to inform you that we are conducting an Intercollegiate Quiz on International Yoga Day for every students.

Date : June 21, 2020

Click on the following link for participation.
<https://forms.gle/mkLuXmeoavwFeeKD8>

Those who score 40%or above, will be eligible for an e- certificate.

Note:- There is a limit of 100 certificate per day. The quiz will be available for one week.

Thanking you,
 Simi.B.S,
 Programme Officer

Sree Narayana College, Punalur

INTER COLLEGIATE ONLINE QUIZ ON INTERNATIONAL YOGA DAY '20

CERTIFICATE OF PARTICIPATION

This is to certify that
 Mr/Ms.....Arsha anil... has participated in Quiz competition ,organized by NSS Unit SN College Punalur during 21 june 2020.

6/21/2020

NSS Programme Officers



National Service Scheme Unit No-28
A,B

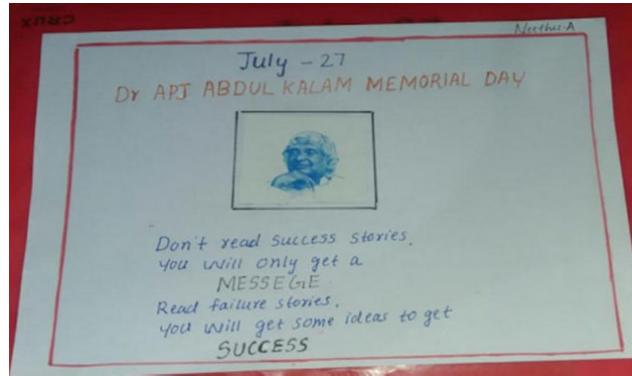


(27/07/2020)Remembrance Day of Dr. APJ Abdul Kalam

On 27.07.2020, 5th Death Anniversary of Dr.A.P.J.Abdul Kalam was observed on S.N College, Punalur. Volunteers engaged in doing posters, speech and essay writings. The event created an inspiration among the student community who are the backbones of the future India.

- Objectives:** To develop scientific interests among volunteers
 To promote them for a better living
 To make them aware about the scientific inventions

Beneficiary: The NSS volunteers helping them to develop curiosity and dream a better future

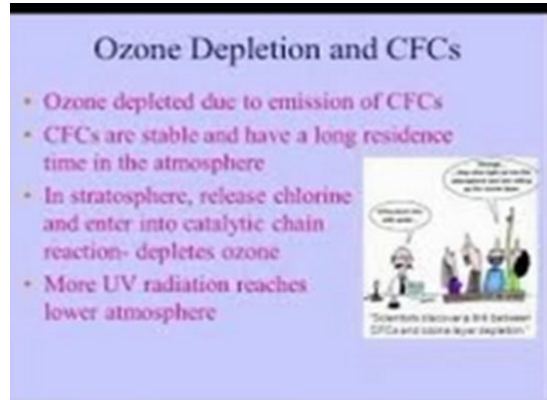


Poster made by Sruthy Chandran (II B.Com)

16/09/20- Ozone Day

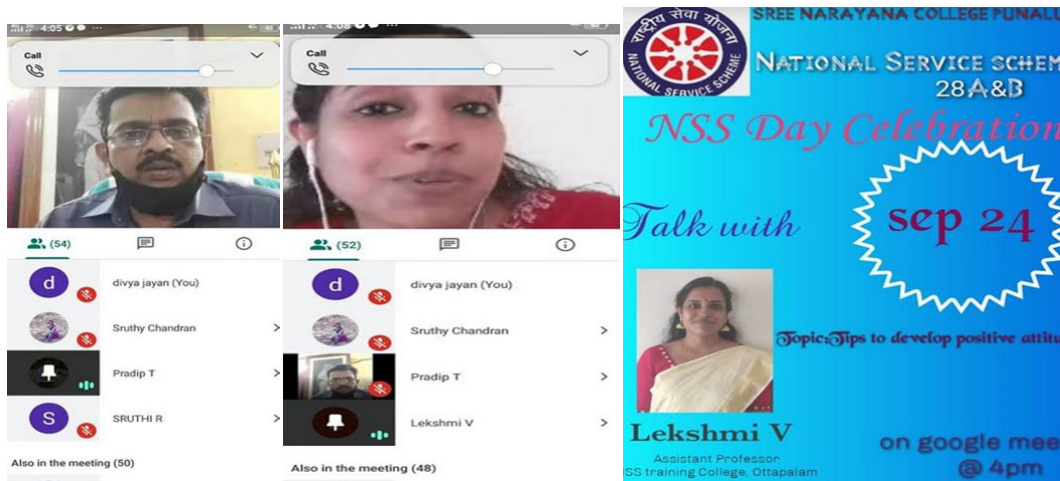
The **International Ozone Day**, 2020 was celebrated by SN College, Punalur on 16th September, 2020 under the leadership of programme officers Dr. Divya Jayan and Simi B S. The celebration started with introduction on importance Ozone Layer and its depletion in the current situation by the principal Dr. T. Pradeep. He briefed about the major **Ozone Depleting Substances (ODS)** such as refrigerators, fire extinguishers, compressors, vehicles, etc. He also mentioned about the effects of ozone depletion on flora, fauna, environment and humans and urged the participants to prevent the ozone depletion through simple activities in day-to-day life.

On behalf of observing the ozone day, the NSS unit of the college created **videos related to the ozone depletion**. The programme was named as **“Save Ozone”**. NSS volunteers, Athira V S, Arsha Anil, Pavan P Narayan contributed to the creation of the videos.



24/09/20 - NSS Day Celebration

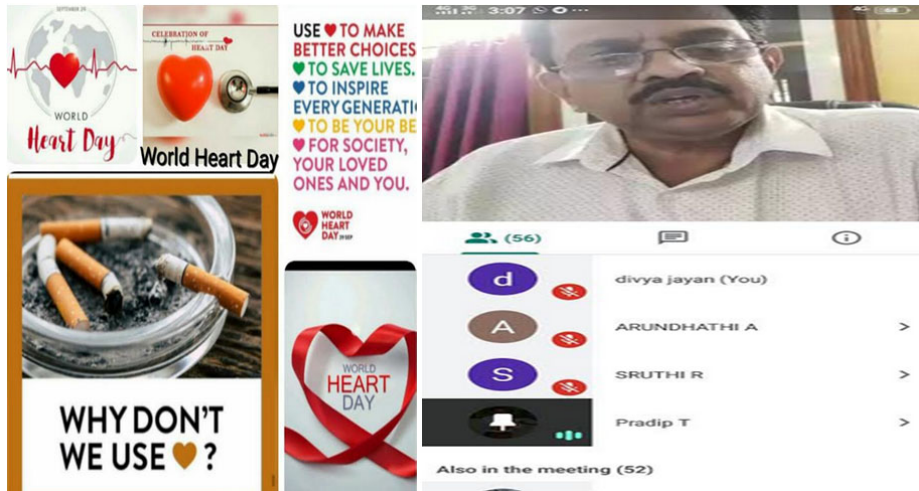
The NSS unit of the college conducted a webinar on behalf of **NSS Day** celebrations. The webinar was conducted at 4.00 pm through google meet about the topic **“Tips to Develop Positive Attitude”**. The webinar was inaugurated by Dr. T. Pradeep(Principal, SN College, Punalur) and Dr. Divya Jayan (NSS PO) delivered the welcome speech. The technical session was carried by Smt. Lekshmi V, Asst.Professor, NSS Training College, Ottappalum. The talk was highly informative and inspiring to pursue a positive attitude towards life. The meeting ended with the vote of thanks by Sruthy(NSS volunteer).



29/09/20- Observance of World Heart Day

The NSS unit of the college, observed the **World Heart Day** by creating videos and making them aware about the importance of protecting our heart. The video presents heart diseases, heart care and more.

On behalf of the observance of World Heart Day, the NSS unit of the college conducted webinar based on the topic **“Protection of Heart”** through Google meet at 3.00 pm. The webinar was inaugurated by Dr. T. Pradeep (Principal, SN College, Punalur). Dr. Divya Jayan (NSS PO) delivered the welcome speech. The technical session was carried out by Smt. Anaswara Anil (Reg. Nurse). The session was so informative describing about the harmful effects of fast foods. Gayathri (NSS volunteer) delivered the vote of thanks.



02/10/20- Celebrating Birth Anniversary of Mahatma Gandhi

As part of celebrating the Birth Anniversary of Mahatma Gandhi, several programmes were conducted by the NSS unit of the college on 02.10.20.

1. Video presentation: “Gandhi and the Freedom struggle”

On the occasion of Gandhi Jayanthi, a short video presentation on the freedom struggle was carried out. Through the presentation, Gandhiji’s struggle for freedom was conveyed to the students. All the NSS volunteers participated in the event.



2. Elocution competition

The NSS unit conducted an **Elocution Competition** including NSS volunteers. The competition was held through a What’s App group created by NSS unit 28 A&B. Pooja Vijayan (II Physics) got first prize for the competition.



3. Swachh Bharat programme

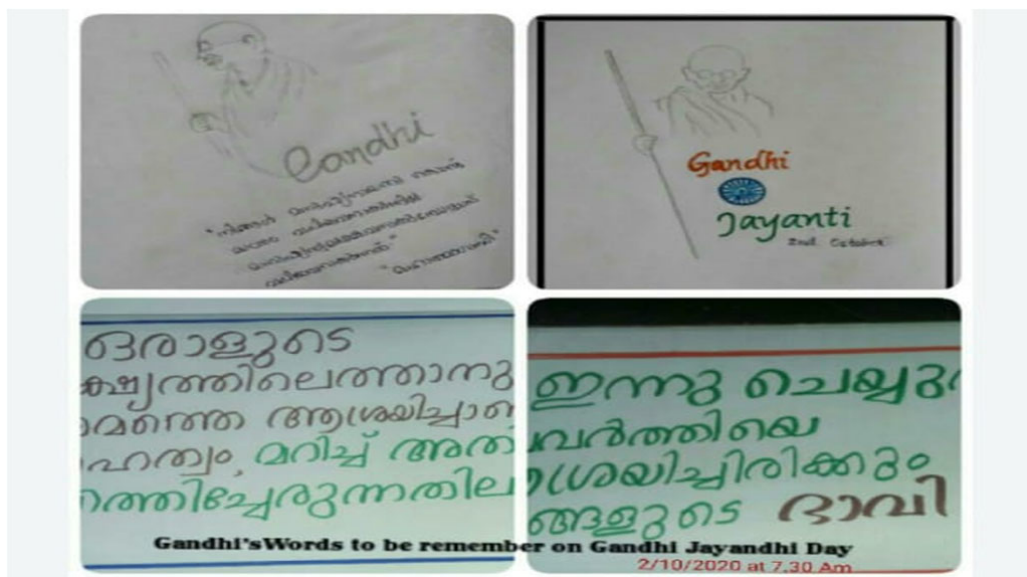
Swachh Bharat programme was organised by NSS unit 28 A&B in connection with Gandhi Jayanthi. As part of this, all the volunteers carried out cleaning activities in their home and surroundings from 10 am-12 pm. All the volunteers actively and enthusiastically participated in the program.





4. Video Clip on Gandhiji' Great Words

NSS unit 28 A&B created a **Video Clip** about the topic “**Gandhi’s Words to be remembered on Gandhi Jayanthi Day**” and presented at 7:30 am in the NSS official group.



5. Story Writing Competition

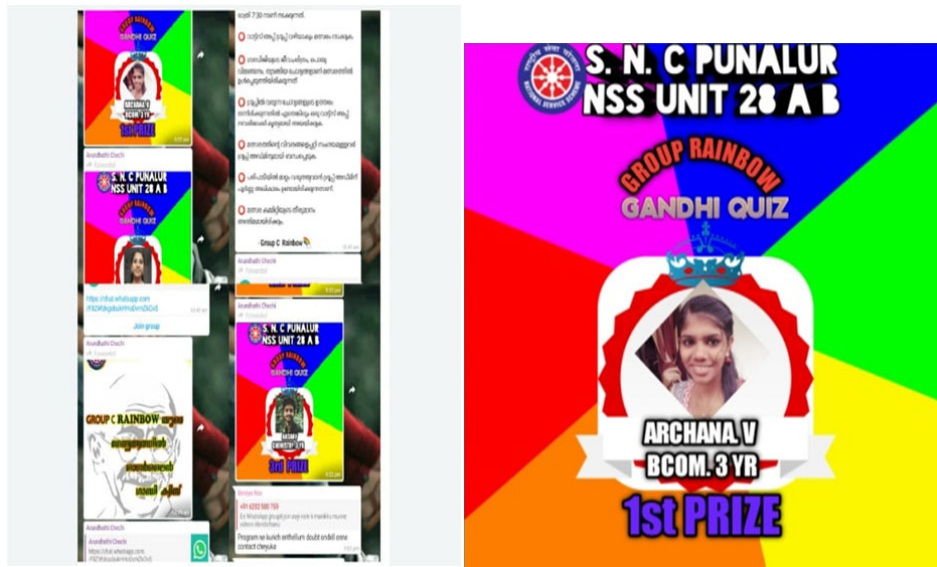
The NSS unit 28 A&B conducted a **Story Writing Competition** on Gandhi Jayanthi. Program conducted on 2nd October 2020@ 7:30pm – 8:30pm. Winners were selected and they were given certificates.

Athira B of II BSc Chemistry got the first prize and Sajjalal of II Physics got the second prize.



6. Gandhi Jayanthi Quiz

The NSS unit conducted a **Quiz Competition** including NSS volunteers. Archana V (III B.Com) got first prize for the competition



7. Drawing Competition

The NSS unit 28 A&B conducted a Drawing Competition. Abhijith (I Physics) Gayathri (II Maths) got the first and second prizes respectively.



08/10/20- Covid Pledge

At the launch of a new campaign on prevention and mitigation of Covid-19, the NSS unit of the college took the pledge at 1 pm.

Objectives: To provide an awarness about the pandemic situation

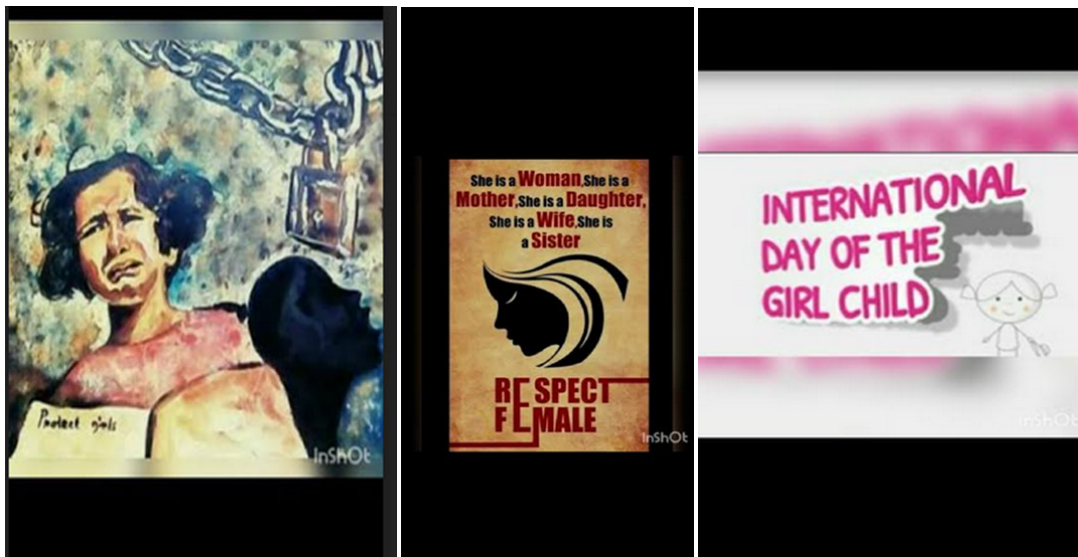
To make them follow the safety rules even at homes

Benificiary: NSS volunteers of SN college, Punalur.



11/10/20-Celebration of International Day of the Girl Child

As part of the celebration of the **International Girl Child day** the NSS unit of SN College, Punalur made a Short Video Competition. Volunteers like Salu TY (Bsc Zoology), Kesiya(BSc Maths), Akhil J (BA History) become part of it. The observation supports more opportunity for girls and increases awareness of gender inequality faced by girls worldwide based upon their gender. This inequality includes areas such as education, nutrition, legal rights, medical care, and protection from discrimination, violence against women and forced child marriage. The video was made in view of these facts.



27/10/20- Integrity Pledge- Observance of Vigilance Awareness Week

On behalf of observing the Vigilance awareness week, the NSS unit of SN college took pledge related to this. The programme was inaugurated by Principal Dr.T. Pradeep. The pledge was delivered by Smt. Simi B S, NSS Programme Officer at 11.00 am. The programme ended by 1.00 pm.



31/10/2020- Observation of Constitutional Day

The NSS unit of the college conducted **Constitution Day Observation**. As a part of this, an interactive session via Google Meet was arranged. Programme officer, Dr.Divya Jayan delivered welcome address followed by Simi.B.S-(programme officer) delivering Constitutional pledge. The programme ended up at 12noon. The volunteers circulated the pledge through whats app groups.



31/10/2020- Observation of Constitutional Day

The NSS unit of the college celebrated the 145th birthday of Sardar Vallabhai Patel by conducting the Biography Writing Competition. Students were given time up to 4.00 pm. Separate what's app group was created to disseminate the ideas. Parvathy got first prize for the competition.

Objectives:-

- Remember the great person SardarVallabhai Patel.
- It provide an oppourtunity to our students to maintain the integral strength of the Society
- To create unity among students.

Beneficiaries:-

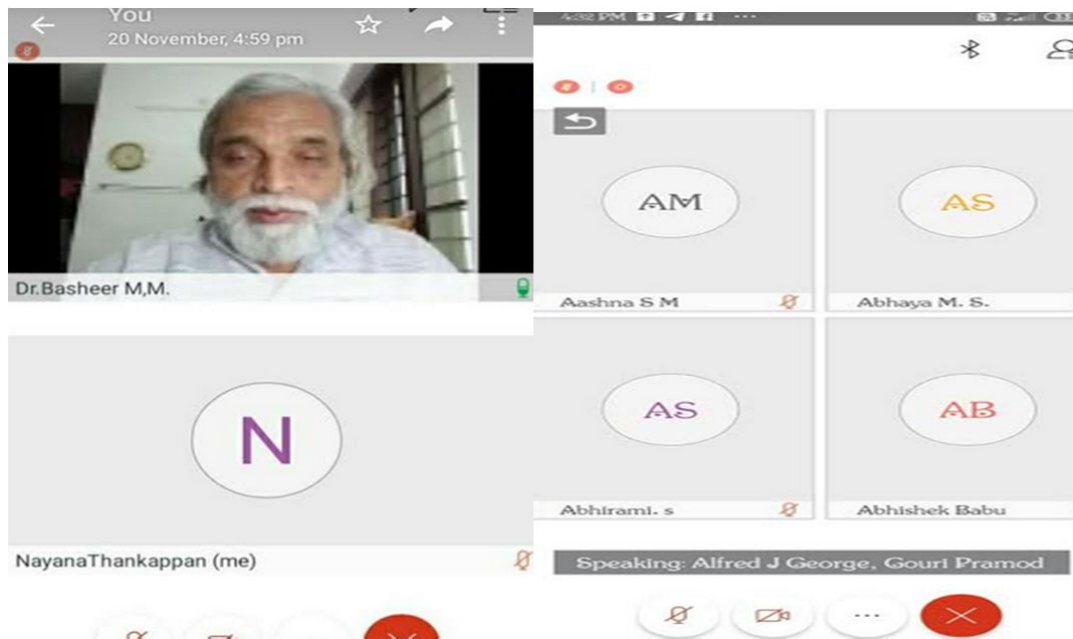
- Students of our college.

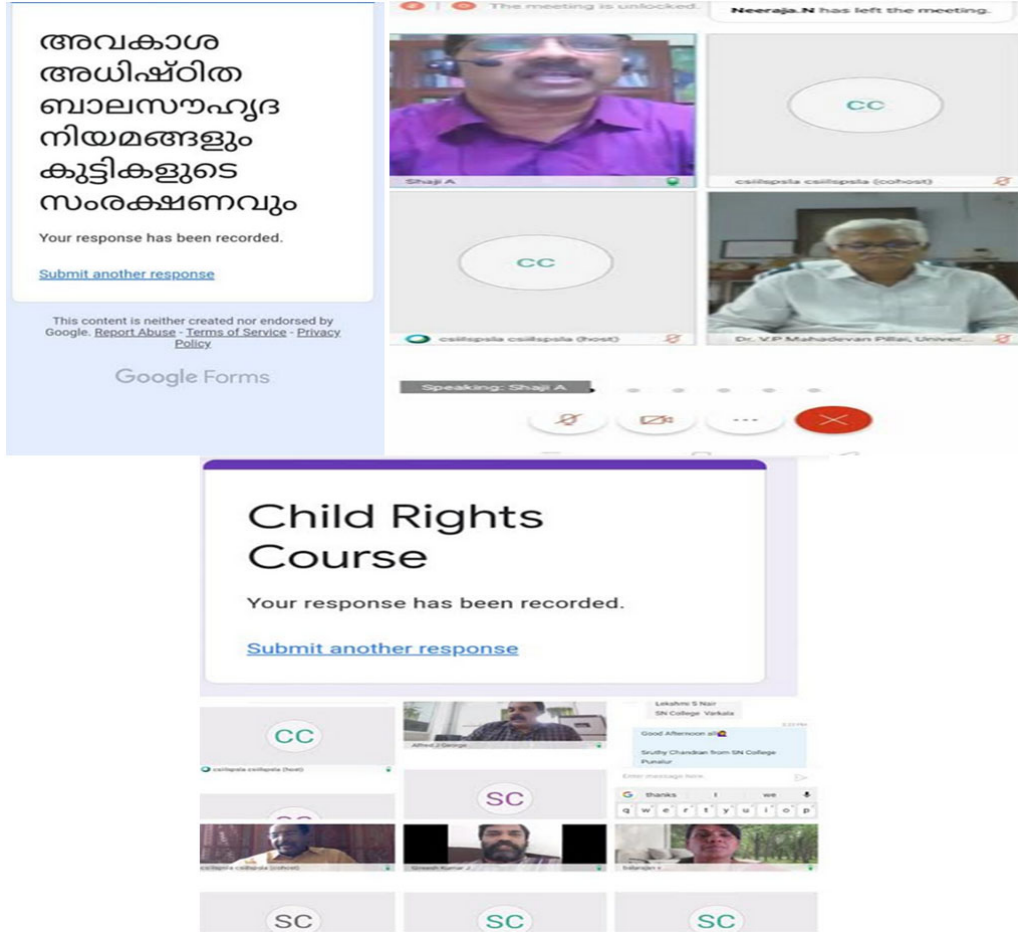
2/11/2020- 10 days of online training programme

In the history of human rights, the rights of children are the most ratified. The United Nations Convention on the Rights of the Child (UNCRC) defines **Child Rights** as the minimum entitlements and freedoms that should be afforded to every citizen below the age of 18 regardless of race, national origin, colour, gender, language, religion, opinions, origin, wealth, birth status, disability, or other characteristics.

These rights encompass freedom of children and their civil rights, family environment, necessary healthcare and welfare, education, leisure and cultural activities and special protection measures. The UNCRC outlines the fundamental human rights that should be afforded to children in four broad classifications that suitably cover all civil, political, social, economic and cultural rights of every child. In order to give awareness to students, the volunteers attended an online training programme on **Childs Rights**.

The volunteers of SN College, Punalur attended the **Ten days Online Training Programme**. Students like Sanath, Aswin Sabu, Nayana Thankappan, Athira P, Jayalekshmi attended the training programme. It was a good , informative and nice session. The programme was formally inaugurated by Dr. Shaji, State NSS Co-ordinator and well renowned resource persons engaged the training session.





07/11/2020- Observance of World Cancer Awareness Day

The NSS unit of the college observed the **World Cancer Awareness Day**. The programme was inaugurated by Dr. T Pradeep, principal of the college. The importance of organic farming was discussed by the programme officer, Dr. Divya Jayan.

Objectives :-

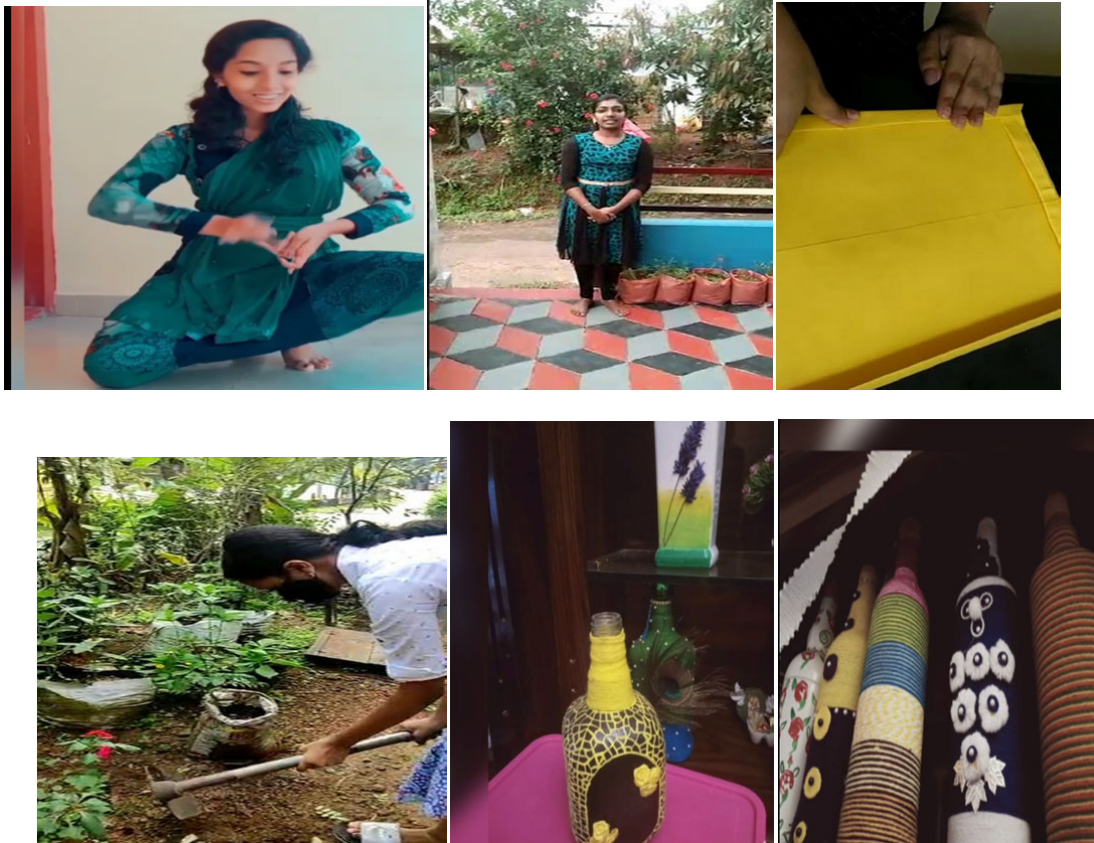
- To make people aware the importance of organic food
- Help to provide nutrition's food for the children at home
- Educate the society to food habit for good health.
- provide seeds to household members for the promotion of organic farming.



18/11/2020- NSS – Selection

The NSS unit of the college has two units A & B. The unit conducted the selection of NSS volunteers by online platform. We have created what's app group for the interested students for various departments. The selection was through the filling of google forms, and was strictly based on interview and activities. All students participated with enthusiasm.

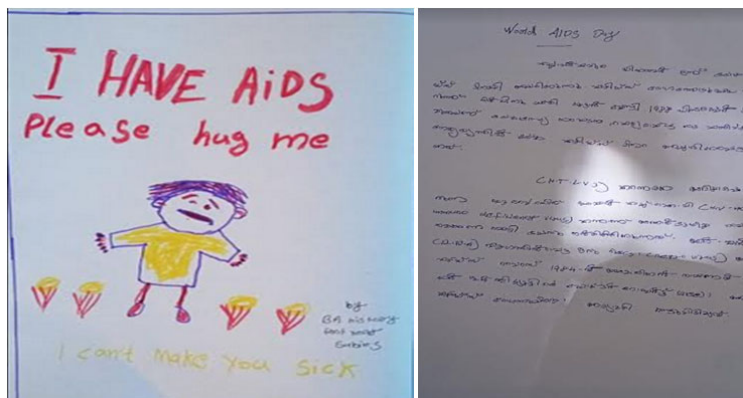
Objective :- To identify eligible volunteers





01/12/2020- Observance of World Aids Day

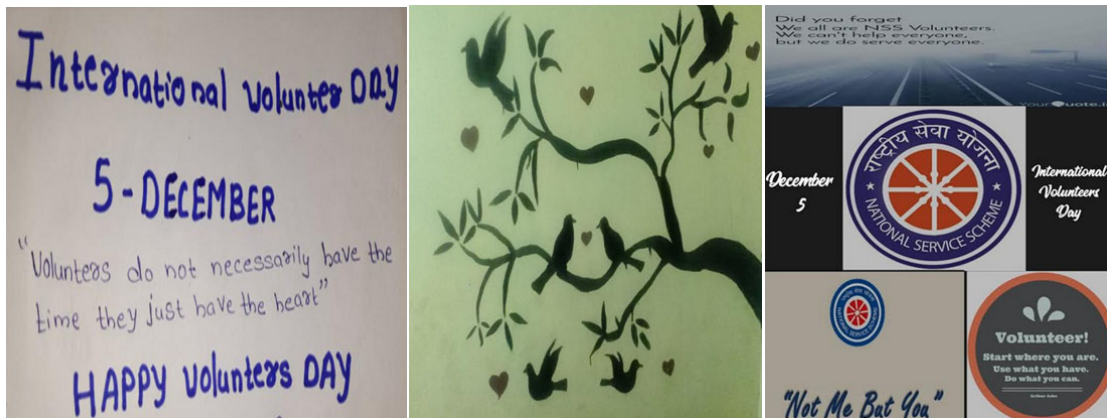
World AIDS Day is observed on 1 December every year to raise awareness and knowledge about HIV and a call to move toward ending the HIV epidemic. It was first celebrated in 1988. The NSS unit SN College, Punalur observed **World AIDS Day** by **Poster Presentations**. The programme was inaugurated by the Principal, Dr. T. Pradeep and the poster presentation was conducted online.

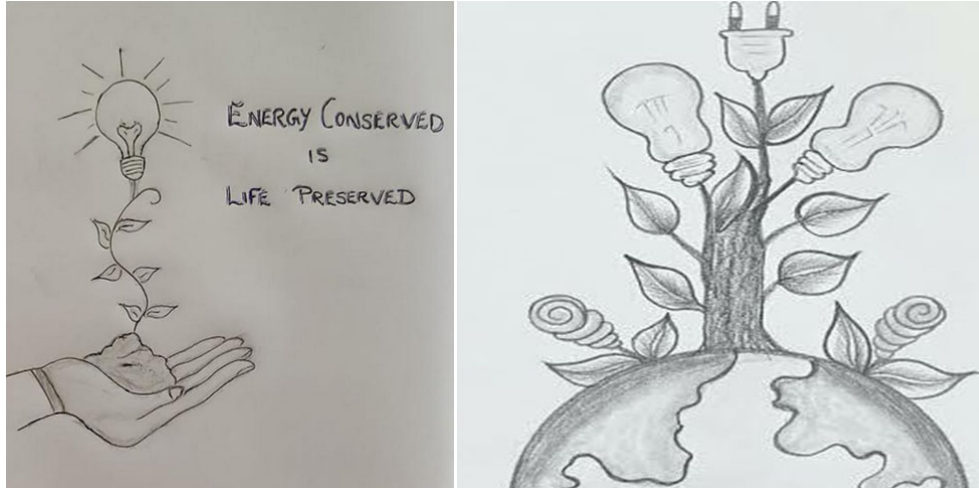




05/12/2020- Celebration of International Volunteers

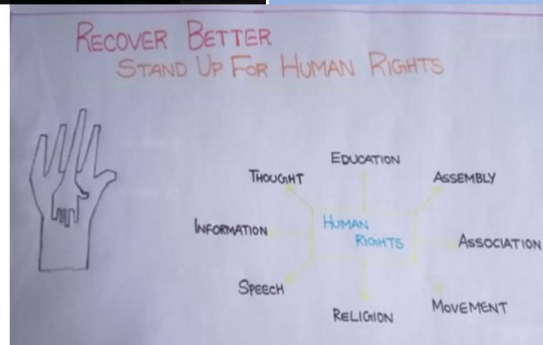
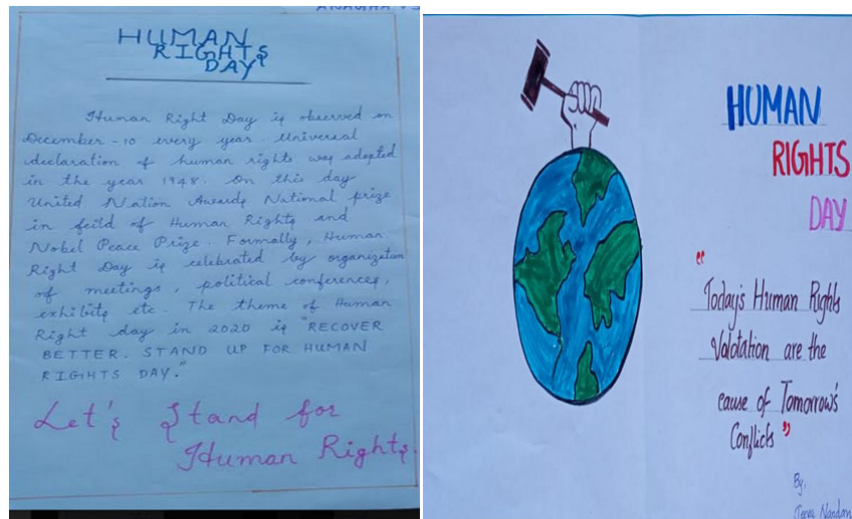
The NSS unit celebrated the **International Volunteers Day** considering wide varieties of programmes. Good Volunteers are the pillars of every unit. Dr. Divya Jayan , NSS Programme Officer gave the guidelines for the celebration. The programmes included arts and crafts work. All volunteers actively participated in the celebration.

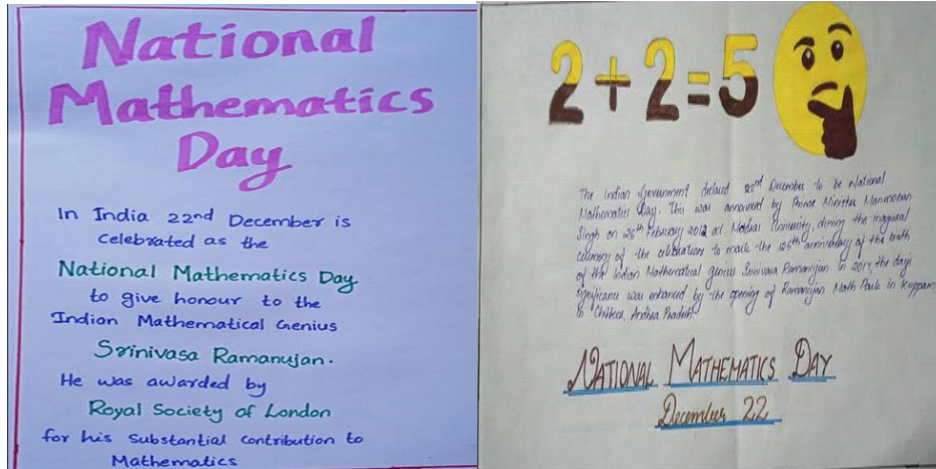




10/12/2020- Observance of Human Rights Day

Human Rights Day is celebrated on 10 December. The Universal Declaration of Human Rights was adopted in 1948 by the United Nations General Assembly. This day is observed to protect the fundamental human rights of all people and their basic human freedom. The volunteers of SN College Punalur celebrated the day with posters and writings.



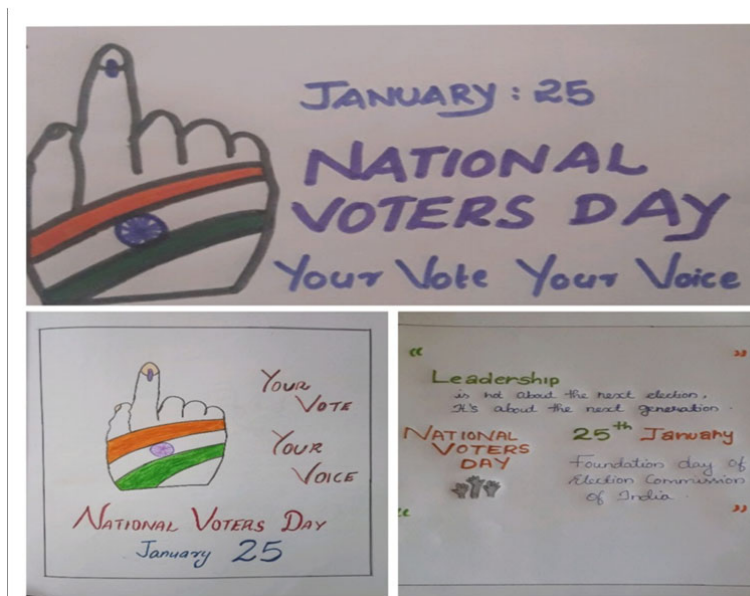


15/01/2021- Army Day

On behalf of observing the **Army Day**, the NSS unit of the college created **Posters** strengthening the idea of nationality and the national values. We are dedicated to preserve national interests, safeguard sovereignty, territorial integrity and unity of our Nation. All volunteers actively participated in the programme.

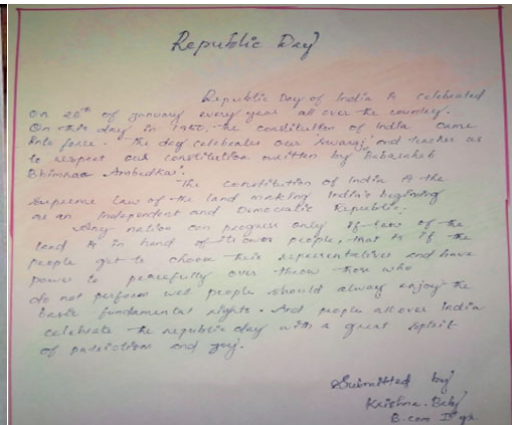
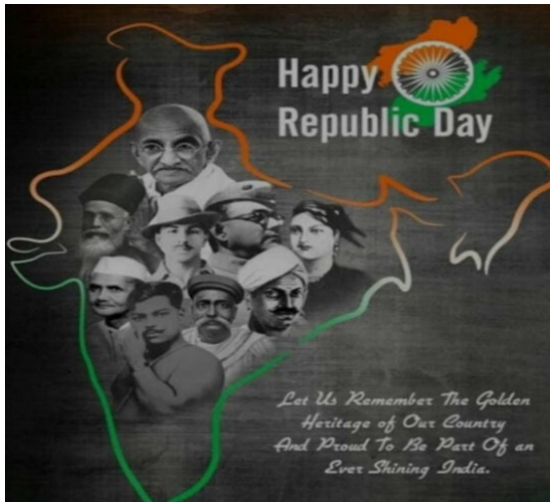
25/01/2021- Voter's Day

On behalf of observing the **Voter's Day**, the NSS unit of the college created posters with the message 'Another responsibility of citizens is voting' with the theme "**Your Vote, Your Voice**". This makes the volunteers aware about their duties and responsibilities on democracy.



26/01/2021- Observance of Republic Day

The NSS unit the college observed the **Republic day** by creating posters and making them aware about their fundamental duties and rights towards our Nation. The programme helped to remember the day when the Constitution of India came into effect after India gained independence after a very long period freedom struggle.





02/02/2021-Wetlands Day

World Wetlands Day is celebrated every year on 2nd February to mark **the anniversary of signing, the Ramsar Convention on Wetlands of International Importance** in 1971. This inter-governmental treaty provides the framework for national action and international cooperation for the conservation and wise use of wetlands and their resources. This year marks the 50th year of the signing of the Convention. The theme for World Wetlands Day, 2021 is “Wetlands and Water”. It seeks to bring awareness of the following facts: · only 2.5 % of water on the earth is fresh water · **less than 1% is usable** · **The water usage** has increased six folds in 100 years and rises by 1% each year · Almost 2.2 billion people do not have access to safe drinking water · Clean water is critical for healthy lives. On behalf of observing the **Wetlands Day**, NSS unit of SN college , Punalur created posters and essays that helped to share information about the Wetland protection. This makes the volunteers aware about the importance of wetlands and how to take care of it.



04/02/2021- Observance of Cancer Day

The NSS unit observed **The Cancer Day** by creating posters and essays and making them aware about the detrimental effects of cancer by the Theme "I am and I will", conveys the message an empowering call for personal commitment that represents the power of our actions taken now to reduce growing impact of Cancer.



05/02/2021- Ente Malayalam Ambassadors

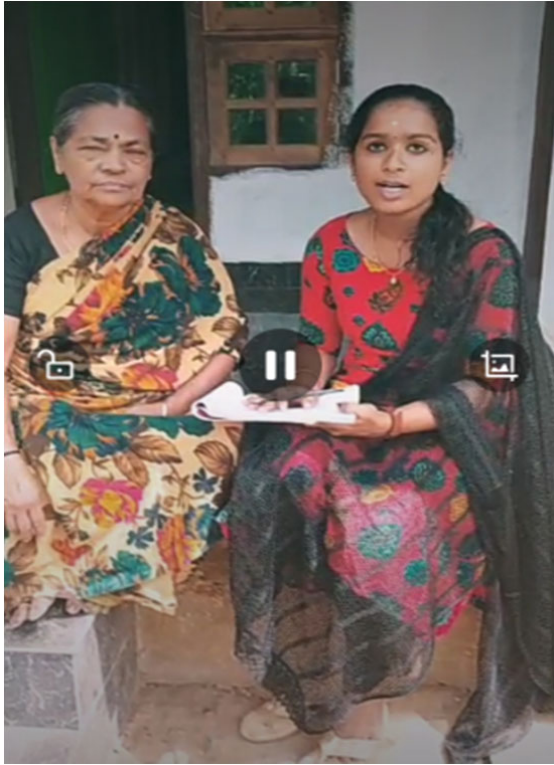
Ente Malayalam Ambassadors was an initiative of **Asianet News** in order to propagate the importance and significance of the mother-tongue "**Malayalam**". As part of **Ente Malayalam Ambassadors program**, the NSS volunteers **Sruthy S** of II B.Com and **Aswathy** of III History actively participated in teaching elder people in our locality. This was a great initiative to both the students as well as the elder ones of the society.





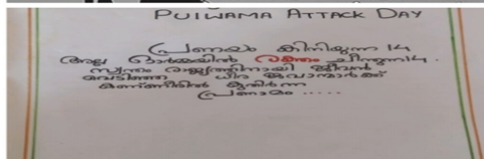
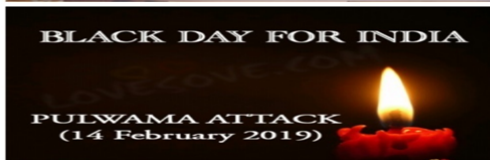
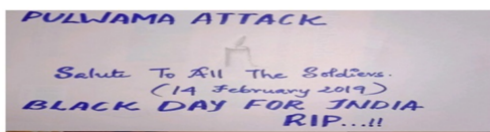
KERALA
Ep-13 NSS | Ente Malayalam
Ambassadors | Asianet News | Bobby
Malayalam Foundation Subhra Isaac





14/02/2021-Black Day For India - Pulwama Attack

The NSS unit of the college observed the **Black Day for India - Pulwama** attack by creating posters as a tribute to the brave soldiers who died in Pulwama. All volunteers prayed for their soul.



20/02/2021- World Social Work Day

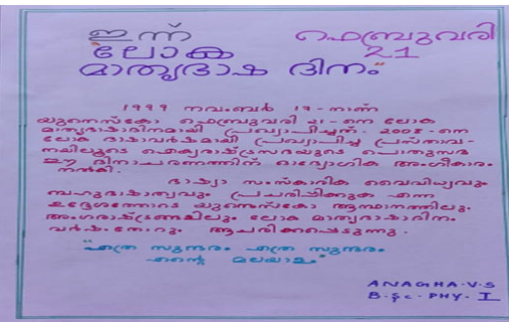
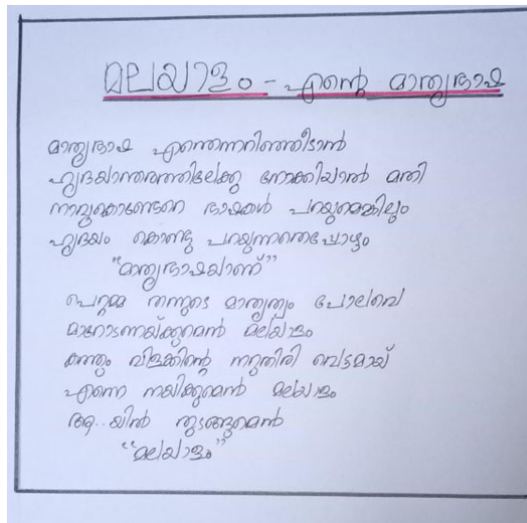
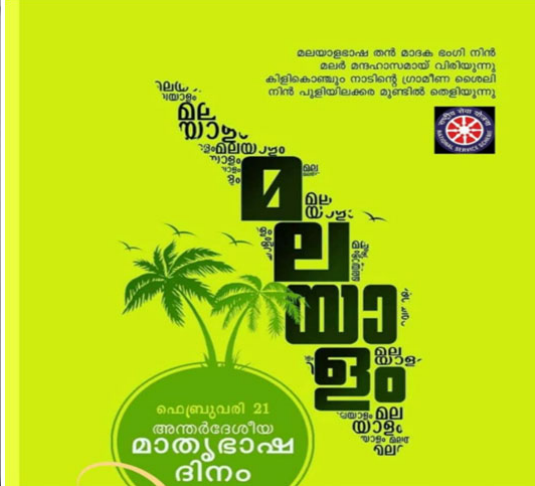
On behalf of **World Day of Social Justice**, the volunteers of SN College created posters and essays with the theme '*A call for Social Justice in the digital economy*', to raise a voice against social injustice and to bring the various communities internationally together to eliminate poverty, gender, and physical discrimination, illiteracy, religious discrimination to make a socially integrated society. Unni. S of I History, our volunteer actively engaged in this activity.



21/02/2021- International Mother Language Day

On behalf of observing the **International Mother Language Day**, the NSS unit of the college created poems, posters and wallpapers with the message “ **Mother Language for conserving cultural diversities**”, which is based on the theme “**Fostering multilingualism for inclusion in education and society**”. This program helped the volunteers to create awareness about the role of the Mother languages in developing cultural diversities and fostering multilingualism in society. All the volunteers actively participated in this program. Moreover our unit in association with Asianet programme- **Ende Malayalam** provided certificates to all those who participated.

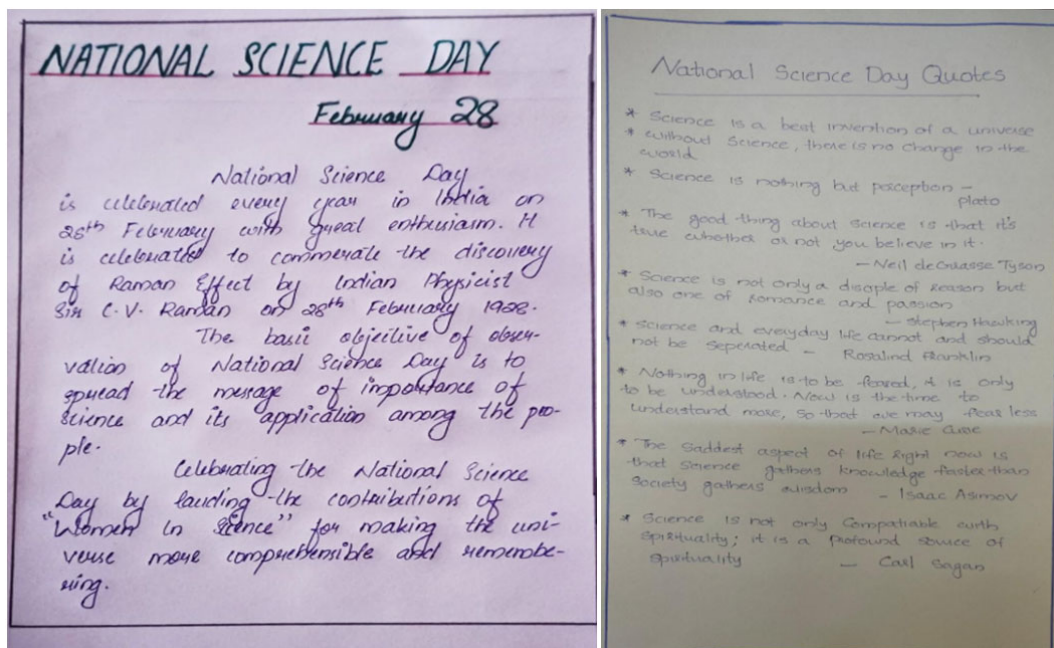
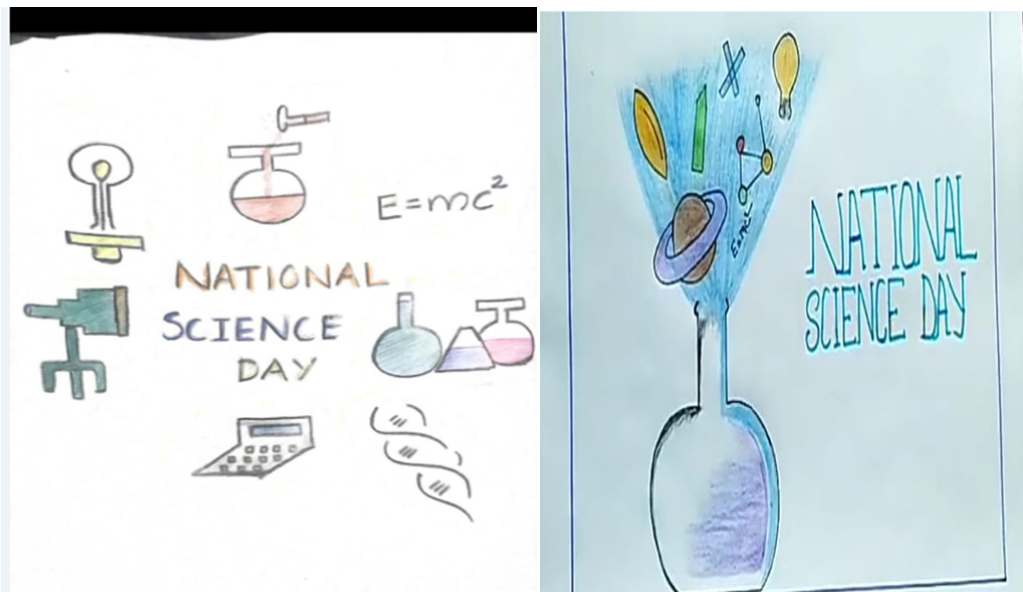




28/02/2021- National Science Day

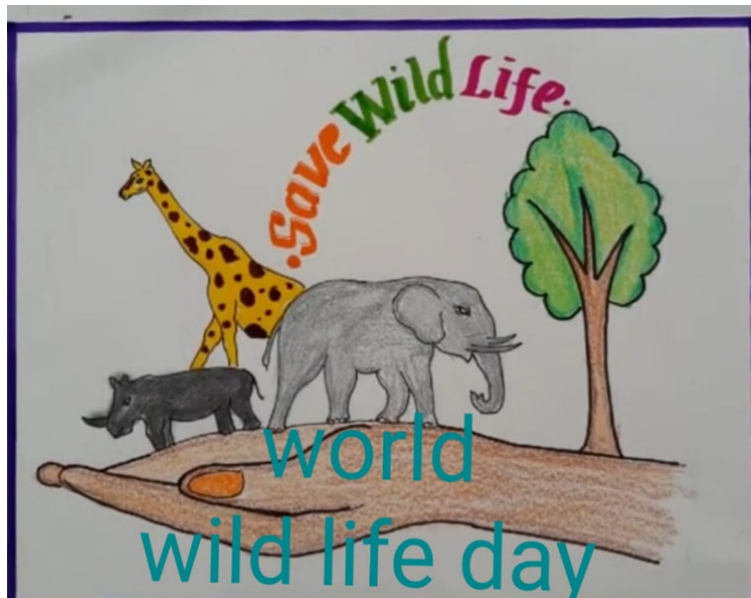
On behalf of National Science Day, the volunteers of SN College, Punalur created posters and essays with the theme 'Future of STI: Impacts on education skills and work'.

This helps the volunteers to recall the notable invention "**Raman Effect**" by India's greatest scientist CV Raman, to share information about the importance of science in today's world and the impacts science has on education, skill and work and to make our volunteers aware about raising public appreciation of the scientific issues involved.



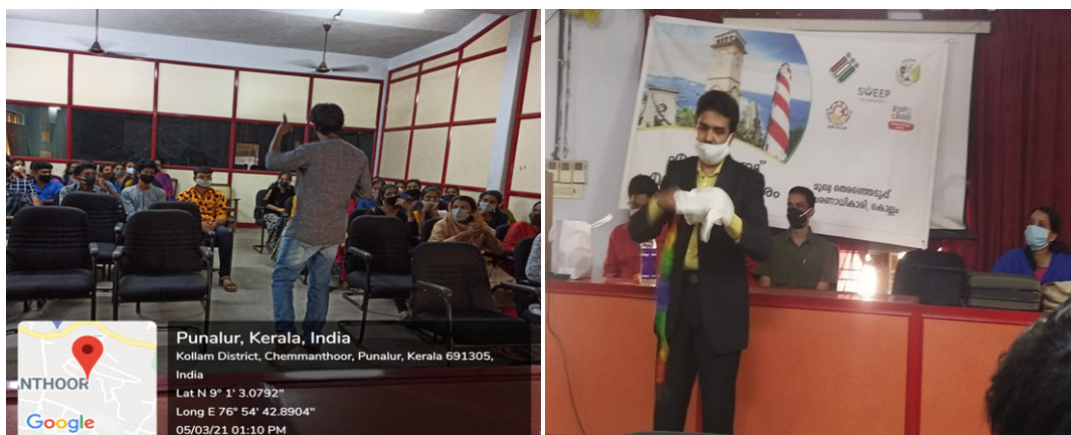
03/03/2021- World Wildlife Day

The NSS unit of the college observed the **World Wildlife Day** by creating posters and essays based on the theme '**Forest and Livelihood: Sustaining People and Planet**' with the aim as a way to highlight the central role of forest, forest species and ecosystem services in sustaining the livelihood.



05/03/2021- Election Training Class

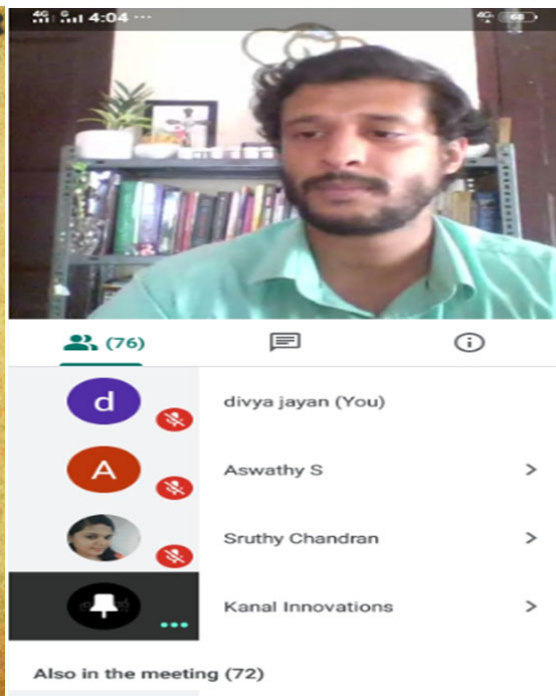
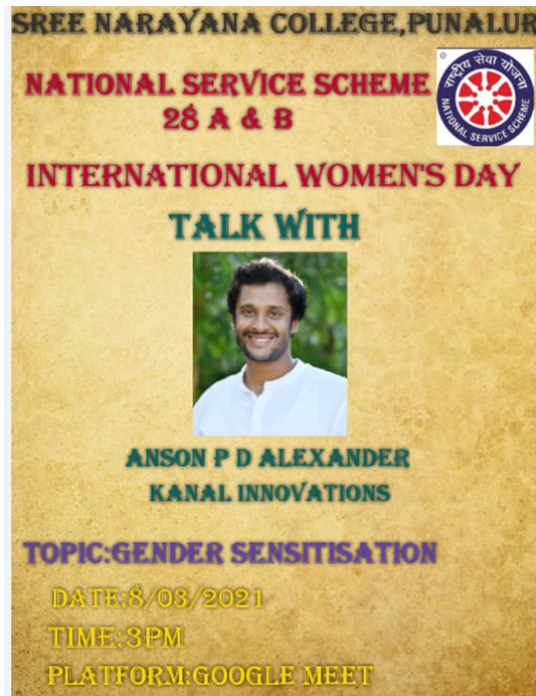
On behalf of election, the SN college had participated in a election training class organized by **SWEEP**, an initiative of Kerala Govt.on 15 th March. The program was officially inaugurated by Dr.T Pradeep (Principal ,SN college Punalur) .Dr.Divya Jayan (NSS PO,SN College, punalur) delivered the welcome speech.The technical session was divided into two in which first session was carried by Shri.John(St Stephens college, Pathanapuram)and the second session was carried out by which makes the students aware about the importance of voting .Dr.Ratheesh R delivered the felicitation and Sruthy Chandran (NSS Volunteer) delivered the vote of thanks.

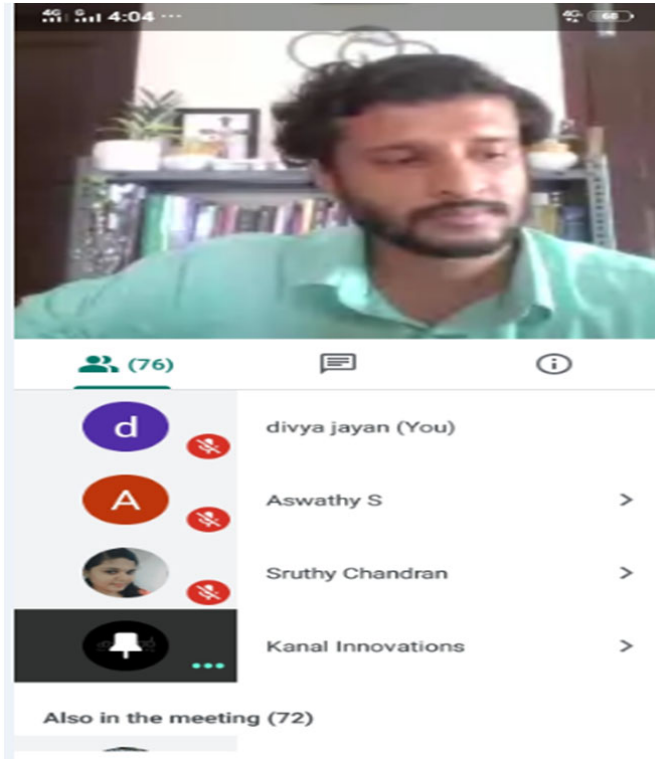




08/03/2021- International Women's Day

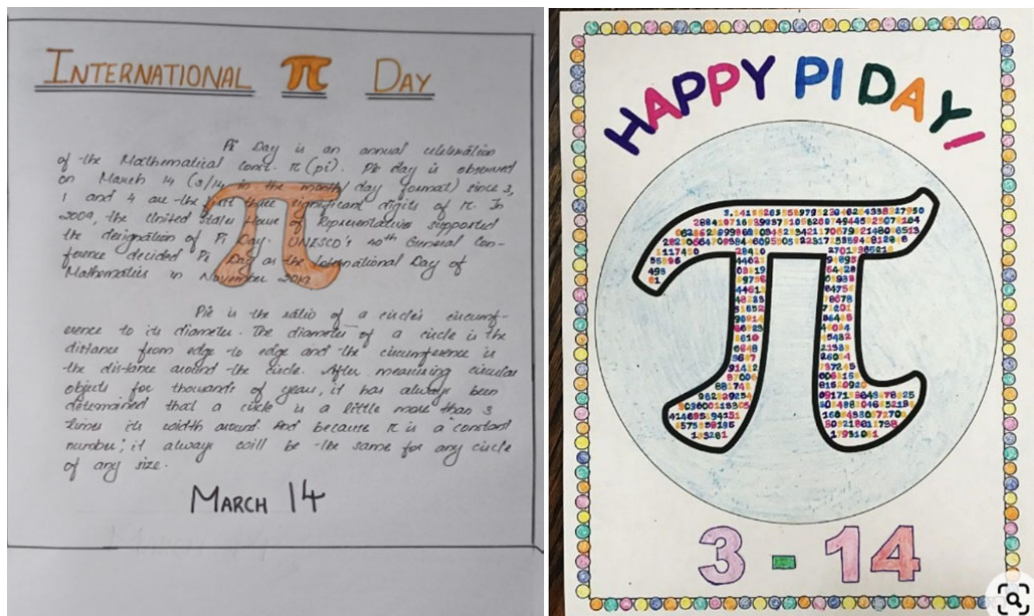
The NSS unit of the college celebrated **International Women's Day** by creating posters and essays related to with the aim to create a world where gender equality persists.





14/03/2021- International Pi Day

As part of the observation of **International Pi Day**, the NSS Volunteers created posters and essays to make aware about the importance of Pi in the world of mathematics and posted it on the NSS Official Group.



International π Day

We all know that the pi is the ratio of a circle's circumference to its diameter, and the value of Pi is 3.14. The symbol of Pi (π) was discovered by William Jones in the year 1706. But the person who observed the first Pi Day was Larry Shaw and he observed this mathematical constant day in the year 1985. So to mark this discovery every year on March 14 we observe Pi Day.

Some interesting facts related to its discovery and why we celebrate it on March 14 are the value of Pi is 3.14 and the initial of the number is 3. Thus it is observed in March as it is the third month in the annual calendar. Going by the date and the number 14 it is observed on the 14th date of March. Another interesting fact about this day is that the celebration of this mathematical constant day begins at 1:59 PM so that it becomes the approximate value of the Pi i.e., 3.14159. Another fact that Pi is an irrational number and it cannot be expressed as a common fraction.

$\pi = 3.14159265358979323846264338327950288419716939937510582097494459230781640623620899862803482534211706798214808651328$

16/03/2021- World Social Work Day

The NSS unit of the college observed the **World Social Work Day** by creating posters for making the volunteers aware to celebrate their achievements and support for the important role that social workers play in the lives of vulnerable families and communities



21/03/2021- Forest Day

The NSS unit of the college celebrate the **Forest Day** by making posters and essays with the theme "**Forest Restoration:a path to recovery and well being**" for giving them an awareness about the importance of conservation of forests.

On behalf of Forest Day, the college had participated in a webinar on the theme "**Forest Restoration:a path to recovery and well being**", organized by Flying Squad Division, Punalur in association with SN College, Punalur, College of Engineering, Pathanapuram and Mount Tabor Training College, Pathanapuram through Google meet at 4 pm on 21 st March. The technical session was divided into two in which first session was carried by Smt.A Shajna Karim on the topic "**A glimpse at the future of Wildlife. Way ahead**" The second session was carried by Shri.John Mathew on the topic "**Wildlife trafficking and law enforcement**".Shri.Baiju Krishnan (DFO, Flying Squad Division, Punalur) delivered the welcome speech.Dr.T Pradeep(Principal SN College,Punalur)Dr.R Bijukumar(Principal Pathanapuram Engineering College, Pathanapuram)Dr.Rosamma Philip (Principal,Mount Tabor Training College, Pathanapuram) delivered the felicitation.The session was so informative describing about the importance of conservation of Forest and impact of wildlife trafficking.Shri.Aneesh S(Range forest officer, Flying Squad Punalur) delivered the vote of thanks.

International Day of Forests
21st March 2021, 4pm
Forest Restoration - a path to recovery and well-being
Webinar

Welcome : Sri. Baiju Krishnan (DFO, Flying Squad, Punalur)
Inauguration : Sri. A. Renjan IFS (Conservator of Forest I & L, Kottayam)
Felicitation : Dr. T. Pradeep M.Sc., Phd. (Principal, SN College, Punalur)
Dr. R. Bijukumar (Principal, College of Engineering, Pathanapuram)
Dr. Rosamma Philip (Principal, Mount Tabor Training College, Pathanapuram)
Lecture 1 : Smt. A. Shajna Karim
Sub: **A glimpse at the future of Wildlife - Way ahead**
Lecture 2 : Sri. John Mathew
Sub: **Wildlife trafficking and law enforcement**
Vote of thanks : Sri. S. Aneesh (Range Forest Officer, Flying Squad, Punalur)

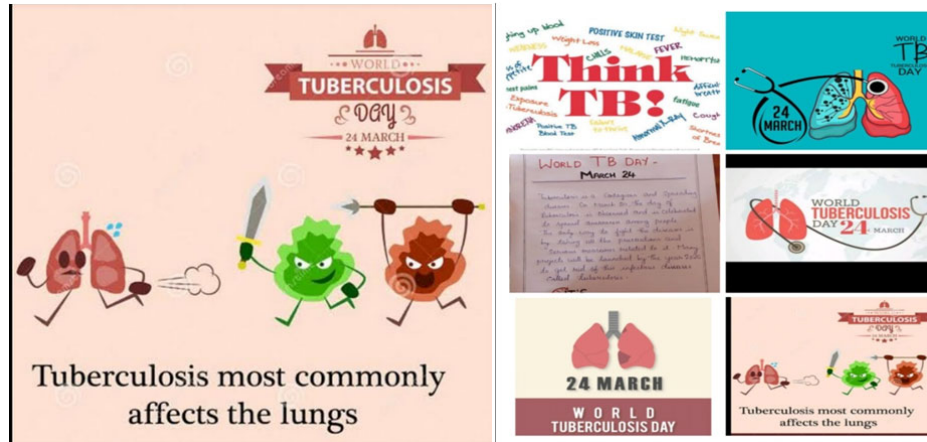
Organized by Flying Squad Division, Punalur in Association with SN College, Punalur College of Engineering, Pathanapuram Mount Tabor Training College, Pathanapuram

Co-ordinators
Smt. Remya S.R. (Engineering College, PIPM)
Smt. Asha K. Thomas (Mount Tabor Training College, PIPM)
Sri. Abhilash K. (In-charge Forest Officer, Flying Squad Range, Punalur)
Smt. Smiti B.S. (SN College, Punalur)

design @ Jeeva Cyber
Meeting URL: <https://meet.google.com/ine-qvkw-afbr>

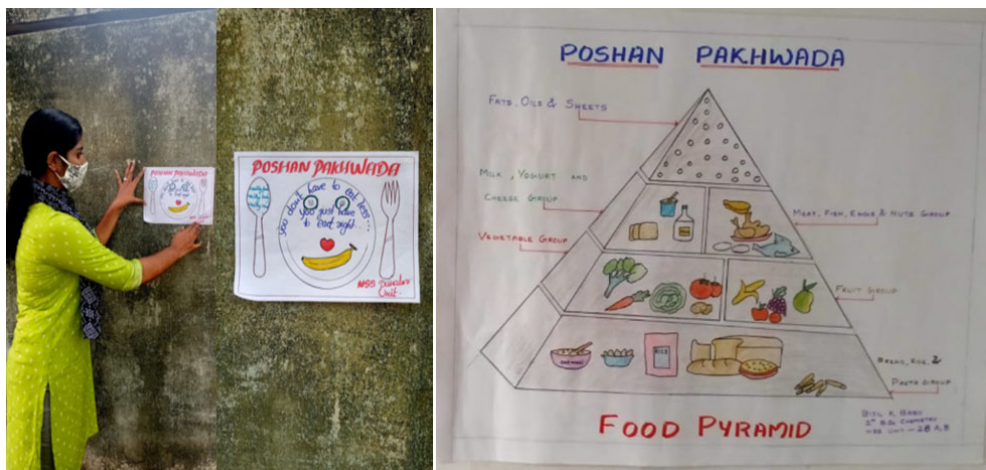
24/03/2021- Tuberculosis Day

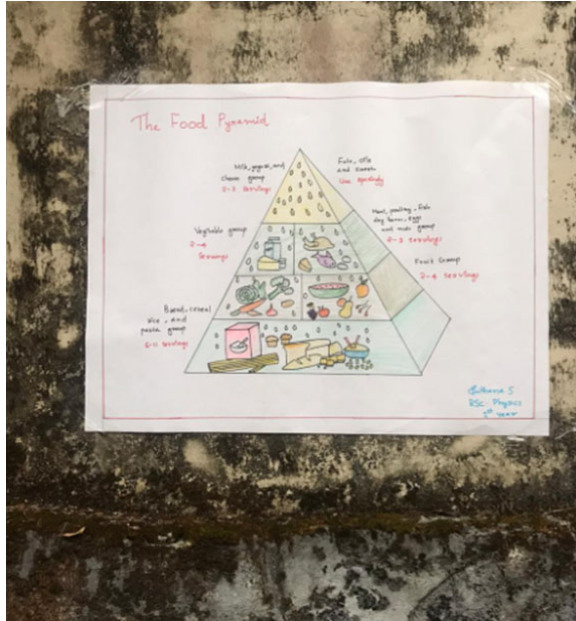
The NSS unit of the college observed the **Tuberculosis Day** by creating posters for making them aware about the detrimental effects of tuberculosis, how it affects body ,how to avoid it and how to stop spreading of TB.



01/04/2021- Poshan Pakhwada

On behalf of the **Poshan Pakhwada** (nutrition fortnight) which is an initiative in response to the concern of malnutrition, the volunteers created awareness through video, poster presentations in street and shared it in the NSS official group.





02/04/2021- Autism Awareness Day

The NSS unit of the college observed the **Autism Awareness Day** by creating posters and essays for making the volunteers to raise autistic people in the society.




07/04/2021- World Health Day

The NSS unit of the college observed the **World Health Day** by creating posters and essays on it. This gives an awareness on the importance of a healthy society for a better tomorrow.

How the vaccine work?

Covid-19 vaccine provide excellent protection against the virus that causes covid-19 - preventing upto 95% of infections



**Get a covid -19 vaccination
Its the best way to protect yourself,
Your family and your community.**



SN COLLEGE PUNALUR
NSS unit 28 A,B 2020_21

CORONAVIRUS

SYMPTOMS OF CORONA VIRUS

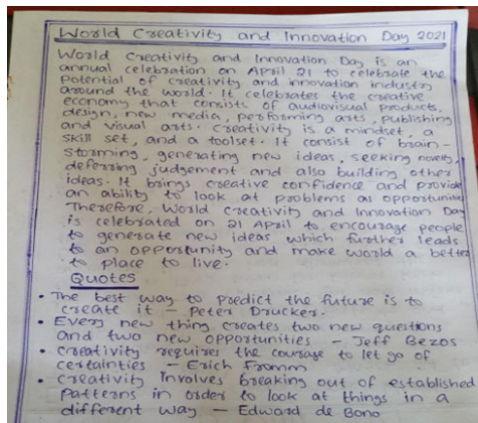
- Most Common Symptoms
 - * Fever
 - * Dry Cough
 - * Tiredness
- Serious Symptoms
 - * Difficulty in Breathing
 - * Chest Pain or Pressure
 - * Loss of Speech or Movement

LET'S FIGHT THROUGH VACCINATION

Arund A

21/04/2021- Creativity and innovational day





09/05/2021- Mother's Day

The NSS unit the college celebrated the **Mother's Day** by creating posters with the aim to make society aware about the low status of women in her family and how she deserves to be the boss of the family.

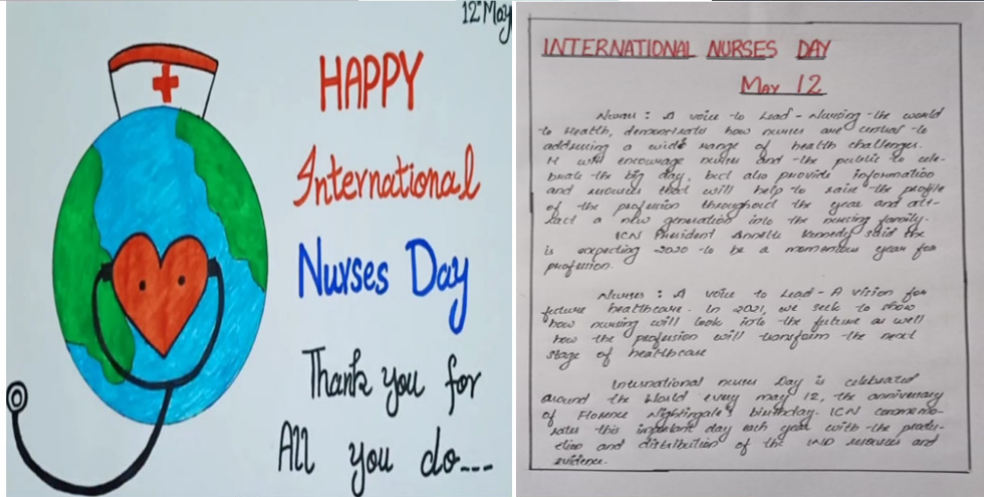




12/05/2021- Nurses Day

On behalf of the Nurse's Day, the NSS volunteers actively participated in creating posters and essays with the theme "Nurses, a voice to lead a vision for future health care." We congratulate and thank all nurses around the world wide for being and indispensable component of our health systems.





International Nurses Day - May 12

The International Council of Nurses (ICN) has celebrated this day since 1954. In 1953 Dorothy Sutherland an official with the US Department of Health, Education and Welfare proposed that President Dwight D. Eisenhower proclaim a "nurses day". He did not approve it. In January 1954, in many cities chosen to celebrate the day as founder of modern nursing. Each year ICN proposes a new theme for the International Nurses Day, but the text contains educational and public information materials for use by nurses everywhere. As of 1994, 8 May was designated as an annual International Nurses Day.

The theme of the 2021 Nurses is Nurses: A voice to Lead - A vision for future healthcare. In 2021, we seek to show how nursing will look into the future as well how the profession will transform the next stage of healthcare.

ICN themes of International Nurses Day

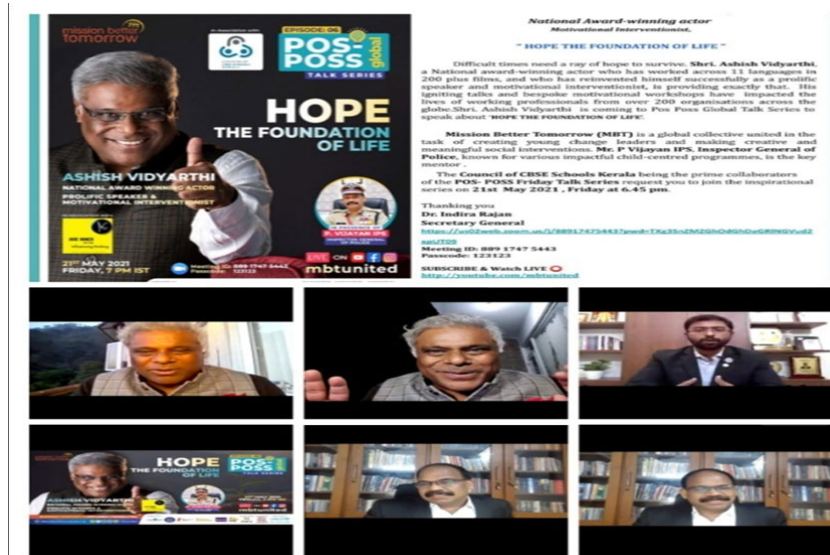
- 1985 - Safe motherhood
- 1989 - School health
- 1990 - Nurses and Environment
- 1991 - Mental Health - Nurses in Action
- 1992 - Healthy Aging
- 1993 - Quality, Care and Nursing
- 1994 - Healthy Families for Healthy Nation
- 1994 - Healthy Families
- 1995 - Women's Health: Nurses pave the way
- 1996 - Better Health through Nursing
- 1997 - Healthy Young People: A Brighter Future
- 1998 - Partnership for community Health
- 1999 - celebrating nursing's past, claiming the future

16/05/2021- Dengue Fever Day

The NSS unit of the college observed **Dengue Fever Day** by creating posters on the Dengue fever. It makes the volunteers aware about the detrimental effects of dengue fever and how to prevent it.

21/05/2021- Pos Poss Global Talk series

The NSS unit of the college had participated in the interactive series of **Mission Better Tomorrow (MBT)** with **Shri.Ashish Vidhyarathi (National Award winning actor, prolific speaker and motivational interventionist)**, conducted by the council of CBSE schools Kerala. Shri.Ashish Vidhyarathi had come to Pos Poss Global Talk series to speak about **'Hope The Foundation Of Life's**. Mr.P Vijayan IPS, Inspector General of Police was the key mentor. The talk was highly informative and inspiring to pursue a positive attitude towards life.



23/05/2021-28/05/2021- Free Vaccine Registration Campaign

The NSS unit conducted a free vaccine registration campaign for the ones who are not able to register. The programme aims at the theme **'An opportunity for all'**. The volunteers actively engaged in helping people to register and avoid unwanted doubts and fears of the situation.



31/05/2021-Palliative care program - Kanivinte kaythangu

The Palliative Care unit of the college, collected materials and distributed the same. The programme started at 11 am. The programme was officially inaugurated by Dr.T Pradeep (Principal,SN college Punalur). Program officers Dr.Divya Jayan and Smt.Simi BS led the programme. Volunteers Sijin,Soorya, Arsha GS,Bijil k Babu, Fathima Salahudheen, Nishitha S Binu and Jeeva Nandan actively participated by following the covid protocol. Kits were distributed to the weaker sections of Sasthamkonam, Punalur municipality. About 25 families got the benefits.

SREE NARAYANA COLLEGE
PUNALUR
NSS UNIT No. 28 A, B

മഹാമാരിയും മഴയും മൂലം ബുദ്ധിമുട്ടുകൾ
നേരിടുന്നവർക്ക് ഒരു കൈതാങ്ങൽ

**കനിവിന്റെ
കൈതാങ്ങൽ**

#5daysChallenge
Send your valuable contribution
From 23/05/2021 To 28/05/2021

Account name : Prawn P
Account number : 0730530002804
IFSC code : SIBL0000173

fight against covid 19
#staysstrong #staysafe



